



Item #: M16

## Lamb Weston Supreme™ Original Mashed

Brand: Lamb Weston Supreme™  
Cut Size: Mashed  
Package Size: 6/4# P

Lamb Weston Supreme™ provides consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions. These rich and creamy frozen mashed potatoes are made from premium potatoes and high-quality ingredients providing a scratch-made taste and texture without the prep and labor. Lightly seasoned with milk and a touch of butter for a truly satisfying dish. Simply boil or steam in a bag.

### OPERATOR BENEFITS



Consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Real baked potato flavor and texture in every bite.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

### NUTRITION AND COOKING METHODS

**Serving size: 2/3 cup (140g)**  
**Servings per container: About 78**  
**Calories [per serving]: 90**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	1.5g	2%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	470.0mg	20%
Total Carbohydrate	18.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.7mg	2%
Potassium	280.0mg	4%

**Ingredients:** Potatoes, Water, Skim Milk, Salt, Soybean Oil, Maltodextrin, Butter (Cream, Salt), Disodium Dihydrogen Pyrophosphate (to promote color retention), Monoglycerides, Natural Flavor.  
**CONTAINS: MILK**

**Grade: A**  
**Kosher: No**  
**Halal: Yes**

Cooking Method	Time	Temperature	Additional Instructions
Boil-in-Bag	24 - 26 minutes	Boiling	<p>FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS ON THE PACKAGE. KEEP FROZEN – DO NOT THAW. For food safety, read and follow the cooking instructions as product must reach a minimum of 165F (74C) internal temperature as measured by a food thermometer in several spots.</p> <p>Amount: Whole unopened bag. Place unopened bag in boiling water. Remove bag halfway through cook time and knead for 20 seconds; CAUTION contents will be hot. Place bag back in boiling water for remaining cook time. Note: Cook from frozen - DO NOT THAW. Appliances vary. Adjust cooking times as needed. Mashed potatoes will be hot after heating, use gloves and handle with care.</p>
Steam Cabinet	28 - 30 minutes	Steam (Below water must be boiling)	<p>Amount: Whole unopened bag. Place unopened bag in full size perforated pan. Heat as directed. Remove bag halfway through cook time and knead for 20 seconds; CAUTION contents will be hot. Place bag back in perforated pan for remaining cook time. Note: Cook from frozen - DO NOT THAW. Appliances vary. Adjust cooking times as needed. Mashed potatoes will be hot after heating, use gloves and handle with care.</p>
Microwave			<p>Place unopened frozen bag in microwave. Microwave at 80% power for 20 minutes – mix the mashed potatoes halfway through cook time, and again at the end of the 20 minute cook time, by kneading the bag for at least 20 seconds. Caution – product will become hot as cooking time progresses! Use gloves when handling the bag. Carefully cut a 1/2 inch slit along the center of the bag to allow venting. Place bag back in the microwave with slit facing upward and cook at 100% power for 15 minutes – every 5 minutes carefully mix the mashed potatoes by kneading the bag for at least 20 seconds. Caution – product will be hot! Remove bag and let stand for 2 minutes. Using a food thermometer, ensure mashed potatoes are 170f (77c) throughout. Mix before serving. Note: Cook from frozen - DO NOT THAW. Appliances vary. Adjust cooking times as needed. Mashed potatoes will be hot after heating, use gloves and handle with care.</p>

## SHIPPING AND STORAGE

### Shipping Information

Item Number	M16
GTIN	10044979013163
Net Weight	24.0 lb
Gross Weight	26.0 lb
Count Per Pound	N/A
Case Cube	0.63
Ti/Hi	14,6
Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.