



Item #: L0097

Lamb Weston® Sweet Potatoes Ribcut™ Savory Seasoned

Brand: Lamb Weston®
Cut Size: Deep "V" Steak
Package Size: 3/5#

Lamb Weston Sweet Potato Fries™ will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. This thin crispy crinkle cut provides more servings per case than thicker cuts in a classic, fun shape and is lightly coated with a clear batter to offer maximum hold time and crispiness.

OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Crispy grooves have more edges that provide satisfying, extra crunch.



Thick cuts are sturdier and are less prone to breaking than thinner fries.

NUTRITION AND COOKING METHODS

Serving size: 3 oz (84g/about 8 pieces)
Servings per container: About 80
Calories [per serving]: 140

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	5.0g	6%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	410.0mg	18%
Total Carbohydrate	22.0g	
Dietary Fiber	3.0g	11%
Total Sugars	9g	
Added Sugars	3.0g	6%
Protein	1.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.5mg	2%
Potassium	190.0mg	4%

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Salt, Dextrin, Spices, CornStarch, Rice Flour, Garlic Powder, Onion Powder, Leavening (DisodiumDihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Oleoresin Paprika, Xanthan Gum, Natural Flavor

Grade: A
Kosher: No
Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Convection Oven	11 - 14 min	400°F	Arrange frozen product in single layer, turn product halfway through baking time.
Conventional Oven	22 - 27 min	400°F	Arrange frozen product in single layer, turn product halfway through baking time.
Deep Fry	2 3/4 - 3 1/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information

Item Number	L0097
GTIN	10044979120977
Net Weight	15.0 lb
Gross Weight	17.0 lb
Count Per Pound	N/A
Case Cube	0.69
Ti/Hi	9,15
Country of Origin	US
Shelf Life	720 days

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.