



Item #: L0092

## Lamb Weston Sweet Potato Fries™ 3/8" Regular Cut

Brand: Lamb Weston®  
Cut Size: 3/8" Regular Cut  
Package Size: 5/3#

Lamb Weston Sweet Potato Fries™ will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. Enjoy this leading foodservice cut that provides the perfect balance of crispiness on the outside and a fluffy baked potato texture on the inside. Lightly coated with a clear batter to offer maximum hold time and crispiness.

### OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Drive traffic and charge more for these unique products due to their higher perceived value.



High-quality premium length fries fill up the plate more with fewer strips than budget fries.

### NUTRITION AND COOKING METHODS

**Serving size: 3 oz (84g/about 15 pieces)**  
**Servings per container: About 80**  
**Calories [per serving]: 120**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	4.0g	5%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	170.0mg	7%
Total Carbohydrate	20.0g	
Dietary Fiber	3.0g	11%
Total Sugars	5g	
Added Sugars	3.0g	6%
Protein	1.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.4mg	2%
Potassium	190.0mg	4%

**Ingredients:** Sweet Potatoes, Modified Food Starch (Corn, Tapioca, Potato), Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Oleoresin Paprika, Xanthan Gum.

**Grade:** A

**Kosher:** No

**Halal:** Yes

Cooking Method	Time	Temperature	Additional Instructions
Convection Oven	9 - 14 min	400°F	Arrange frozen product in single layer.
Conventional Oven	27 - 32 min	400°F	Arrange product in single layer.
Deep Fry	2 1/4 - 2 3/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	L0092
GTIN	10044979120922
Net Weight	15.0 lb
Gross Weight	17.0 lb
Count Per Pound	N/A
Case Cube	0.78
Ti/Hi	9,13
Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.